



# Holy Ghost Catholic School

507 N. Oak Street / Hammond, LA 70401-2527

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*Loving, Learning and Living in Christ*

## **School-Wide List of Snacks**

HGCS IS A PEANUT FREE SCHOOL. PEANUT BUTTER AND PRODUCTS MADE WITH PEANUTS ARE NOT ALLOWED AT SCHOOL FOR LUNCH OR SNACK. NO CANDY, COOKIES, CHIPS, HONEY BUNS, LITTLE DEBBIE TYPE SNACKS OF ANY KIND, FRUIT ROLL-UPS, OR CHOCOLATE IN ANY FORM.

Water ONLY

Dry Cereal

Goldfish

Cheez Its

Chex Mix

Fruit cups

Yogurt/Gogurt

Cheese/Cheese sticks

Popcorn

Fruit snacks

Pudding

Fresh fruit

Pretzels

Raisins

GranolaBars

Breakfast bars

Jello

Fresh Vegetables

Sandwiches

Applesauce

Trail Mix

Dry fruit

Crackers

Beef jerky

Pickles

Meat (turkey, ham, chicken, roast beef, turkey pepperoni)

Lunchables without the drink and candy